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# Spirit:

Who is the Holy Spirit and what does he do?

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## DISCUSSION GUIDE

The Discussion Guide has three parts:

- Discussion Questions
- Episode Summary
- Tips & Guidelines for Hosting Discussion

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### Q1 What do you find scary?

Q1

#### SUPPORTING QUESTIONS

- What's the strangest phobia that you've ever heard of?
- As a kid, what was your biggest fear?

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### Q2 What comes to mind when you think about the Holy Spirit?

Q2

#### SUPPORTING QUESTIONS

- The Bible uses many names when referring to the Holy Spirit. Do any of them stand out to you? (Comforter, Advocate, Spirit of Wisdom, Guide, Teacher, Gift of God, Spirit of Jesus, and Helper)
- Do any questions come to mind when you hear about the activity of the Holy Spirit through history?

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### Q3 If you could have more of any of these, which one would most impact your life today? Love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.

Q3

#### SUPPORTING QUESTIONS

- What do you think of the idea that the Holy Spirit produces more love, joy and peace in our lives?
- What do you think about the idea that the Holy Spirit brings freedom to our lives?
- What do you think about the Holy Spirit giving us courage to tell others about Jesus?

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## MORE QUESTIONS (Lots of groups leave 10-20 minutes after the episode is done for more conversation.)

- What do you think about today's episode?
- What stood out to you most in today's episode?
- How do you feel about the idea that God is present with us through his Holy Spirit?
- Have you ever had someone pray with you? How did it go?
- Open up the Bible to 1 Corinthians 12:4-11 and read the text and then lead a short conversation about it.
  - Have you ever heard of or had any experience with God's supernatural gifts?
  - What questions come to mind when you hear this passage?

# Episode Summary

## BIG IDEA

The Holy Spirit is God with us. He is God with you! He is a source of strength and freedom. He brings change in our character. The Spirit gives us power to serve, and he fills our hearts with the love of God.

## KEY QUOTES & SCRIPTURES

The Holy Spirit isn't some vague supernatural force.  
He's a person.

The Holy Spirit was present at the creation of the universe.  
He breathed life into the very first people.

I will give you a new heart and put a new spirit in you;  
I will remove from you your heart of stone and give  
you a heart of flesh. And I will put my Spirit in you...

**EZEKIEL 36:26**

God says,

In the last days, I will pour out my Spirit upon all people.

Your sons and daughters will prophesy.

Your old men will dream dreams,  
and your young men will see visions.

In those days I will pour out my Spirit  
even on servants – men and women alike.

**JOEL 2:28-29**

The Spirit of the Lord is on me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free, to proclaim the year of the Lord's favour.

**LUKE 4:18-19**

Do not leave Jerusalem, but wait for the gift my Father promised, which you have heard me speak about. For John baptized with water, but in a few days you will be baptized with the Holy Spirit.

**ACTS 1:4-5**

You will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.

**ACTS 1:8**

The Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

**GALATIANS 5:22-23**

## Tips & Guidelines for Hosting Discussion

### GUIDELINES FOR THE GROUP

- You don't have to talk if you don't want to
- You can ask or say just about anything  
*(as long as you aren't putting other people down or making it so others can't talk)*
- Respect each other by listening and welcoming different opinions
- Keep things confidential when you leave the group

### TIPS FOR HOSTS & HELPERS

- Remember names
- Pray
- Be committed
- Show up early to welcome guests
- Stay long enough to chat with guests afterwards
- Keep the conversation alive and balanced
- Be encouraging
- End on time
- If time allows, debrief with your Alpha team to celebrate wins, chat about challenges and share prayer requests