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# Jesus:

## Who is he?

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## DISCUSSION GUIDE

The Discussion Guide has three parts:

- **Discussion Questions** - The three main questions included in the episode (the moments where you pause for discussion). There are also additional supporting questions to keep the conversation going.
- **Episode Summary** - A short summary that highlights the big ideas, key quotes and scriptures.
- **Tips & Guidelines for Hosting Discussion** - Guidelines for hosts and helpers as they lead discussion each week. Read this at least once and maybe a second or third time during Alpha as a reminder.

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### Q1

## What would you want to be famous for?

*\*if you haven't already, give everyone a chance to introduce themselves again.*

### SUPPORTING QUESTIONS

- Have you ever had an encounter with a celebrity?
- If you could meet any celebrity, who would it be? Why?

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### Q2

## Why do you think Jesus is so famous?

### SUPPORTING QUESTIONS

- What is Jesus most known for?
- What stands out most to you about Jesus?

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### Q3

## Who do people think Jesus is?

### SUPPORTING QUESTIONS

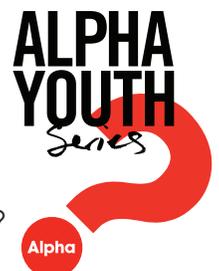
- Why do you think there are so many different opinions about Jesus?
- What do you think about the things Jesus said and taught?  
*(‘I am the way’, ‘love your enemies’, ‘I am the life’, ‘I am the truth’, ‘I am the bread of life’, ‘I and the Father are one’.)*

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## MORE QUESTIONS

*(Lots of groups leave 10–20 minutes after the episode is done for more conversation.)*

- Did anything from the episode stand out to you?
- What do you think it would have been like to be around Jesus?
- What parts of the life of Jesus stand out to you?  
*(Examples from the episode: his teaching, his claims, healing, his death on a cross, his resurrection from the dead, his compassion for the outcasts.)*
- Why do you think Jesus spent so much time with outcasts, the sick and the poor?
- What do you think about the claim that Jesus is God?



# Episode Summary

## BIG IDEA

Jesus Christ is the most famous person in history and there's evidence to suggest Jesus was more than a great religious teacher. His life, death and resurrection is the centrepiece of the Christian faith. The resurrection not only suggests that God exists, but also that God has revealed himself through Jesus.

## KEY QUOTES & SCRIPTURES

When other religious teachers might say, 'This is the way to full life,' Jesus said, 'I am the life.' When others might say, 'Here is the truth', Jesus said, 'I am the truth.'

Christianity is not an emotion – it's not true because I want it to be true. It's true because the actual tomb is empty. It's based on a historical event.

MARK CLARK

Come to me, all you who are weary and burdened, and I will give you rest.

JESUS (MATTHEW 11:28)

I and the Father are one.

JESUS (JOHN 10:30)

## Tips & Guidelines for Hosting Discussion

Discussion in small groups is the most important part of every Alpha session. Hosting a discussion on Alpha is not about re-teaching any of the content from the episode – the goal is to create a safe place where everyone can share openly and honestly about their thoughts and feelings and ask questions. Remember, the discussion guide is just a guide. Use these questions to spark conversations and bring it back on track when needed.

Alpha is a journey. The more time you spend together as a group, the more people will feel free to open up and share their opinions.

## GUIDELINES FOR THE GROUP

- You don't have to talk if you don't want to
- You can ask or say just about anything  
*(as long as you aren't putting other people down or making it so others can't talk)*
- Respect each other by listening and welcoming different opinions
- Keep things confidential when you leave the group

## TIPS FOR HOSTS & HELPERS

- Remember names
- Pray
- Be committed
- Show up early to welcome guests
- Stay long enough to chat with guests afterwards
- Keep the conversation alive and balanced
- Be encouraging
- End on time
- If time allows, debrief with your Alpha team to celebrate wins, chat about challenges and share prayer requests