

# DID YOU KNOW?

WEEK 4

## BIG IDEA

Did you know we can trust Jesus?

## BIBLE

John 20:19-31; Acts 4:19-20

## FREE TIME

### PLAY | Free Time

- **INSTRUCTIONS:** *Tables will be set with games and activities for kids to play until the lesson begins.*
- *This is a great opportunity to get to know some kids and work on building relationships.*

### QUESTION | Who do I trust?

- **INSTRUCTIONS:** *This question will be written on the board as a discussion starter while kids arrive.*
- **Who do you trust most and when is a time when you need someone you can trust?**

### MUSIC | Worship

- **INSTRUCTIONS:** *Play a selection of worship music videos during free time. Some may choose to dance along while it may be background music for others.*

- *Alternatively, learn a few of the motions yourself, introduce them to the class and dance along together to kick things off!*

## LARGE GROUP TIME

### WHAT?

#### ACTIVITY | Zig Zag Circle

- Welcome to the last day of the *Did You Know? Game Show!* For this game, we are going to take some risks. **By a show of hands, who likes taking risks here?**
- I want each team to make a circle and start counting around the circle. Make sure to remember your number!
- Now, hold hands tightly so you don't fall. If your number is even, lean forward. If your number is odd, lean backward. Be sure to keep your feet in the same place and keep your bodies straight. And . . . go! Now, switch!
- **INSTRUCTIONS:** *Instruct the kids to play this game and then watch carefully to be sure they stay safe. To make it even more fun, encourage the kids to make an "Aaahhh!" sound as they fall forward, and an "Ooohhhh!" sound as they lean backward. Switch a few times until they have had a chance to lean both directions. Be ready for some fun, organized chaos!*
- What a scary game, right? We really had to trust that it would all work out and it did!

### SO WHAT?

#### BIBLE STORY | Jesus Appears to the Disciples

- It's time for the *Did You Know?* Bible story! This time you are going to have to pay close attention because it's the "Instant Replay" round!
- You've never heard of it because I just made it up right now. But I am going to read a part of the Bible passage and you and your teams have to be the first to answer questions about what I just read.
- Are . . . you . . . ready?!
- **INSTRUCTIONS:** *Have students open their Bibles to John 20. Read John 20: 19-31 in the segments suggested below. Give each team a buzzer for this week's Bible story. Let teams "buzz" in to answer each of the questions during the Bible story. To be fair, after one team answers correctly, say that they are not allowed to answer the next question until the other teams have had a chance. Distribute 50 points for each correct answer.*
- Today's Bible story takes place after Jesus came back to life and the disciples, who were Jesus' closest friends and followers were together in one room.
- *[Read verses 19-20.]* Instant Replay –round 1! Let's do this!
  - **Who were the disciples afraid of? [The Jewish leaders.]**
  - **What did Jesus say when he came through the locked doors? [" Peace be with you!"]**
  - **What did Jesus show the disciples to let them know it was really him? [His hands and his side.]**
- *[Read verses 20-23.]* Instant Replay –round 2! Here we go!
  - **Who sent Jesus? [The Father (God).]**
  - **What did He tell the disciples to receive? [The Holy Spirit.]**
  - **What did Jesus tell them to do for others? [Forgive.]**
- *[Read verses 24-29.]* Instant Replay - round 3! Ooh, the competition is getting fierce!
  - **What was the name of the disciple who had not seen Jesus the first time? [Thomas.]**
  - **For a bonus 20 points, what was he also known as? [Didymus.]**
  - **What did Thomas want to see before he could believe Jesus was alive? [Jesus' hands and his side.]**
  - **How much time passed before Jesus appeared to the disciples again? [Eight days.]**

- **What did Jesus tell Thomas to do?** *[Touch Jesus' hands and side.]*
- **Jesus said, "Blessed are those who \_\_\_\_\_ without seeing me?"** *[Believe.]*
- *[Read verses 30-31.]* Instant Replay - Final Round! No buzzers needed for this one. Everyone shout out your answer together.
  - **The book of John was written so that we may believe that who is the Savior and Son of God?** *[Jesus!]*
- Marvelous job, everyone! *[Collect buzzers.]*
- Thomas and all the disciples had difficulty trusting that Jesus was really alive again – I mean, Jesus appeared to them twice in this story! But once they saw Jesus and his scars, they knew it was true.
- None of us have that experience of seeing Jesus alive again with our own eyes but we can believe it to be true, just like Jesus said. Even though we haven't seen it, the words of Jesus in the Bible show us the truth and he is someone we can always trust!

#### (OPTIONAL) VIDEO | Did You Know? Episode 4

- **INSTRUCTIONS:** *For more re-inforcement of what kids have just learned, you can play this week's [teaching video](#).*

#### BIG IDEA | Did you know we can trust Jesus?

- It's time to reveal the Big Idea for today's *Did You Know? Game Show!*
- **Who would like to pick a door this week?**
- **INSTRUCTIONS:** *Doors will be set up made of butcher paper like in previous weeks. This week, four pieces of paper will be hung up along with all the previous Big Ideas, in addition to this week's, behind each door. Choose one volunteer from each team to choose a number and rip down the door. If they find a Big Idea that's from another week, say, "You found a Big Idea but not this week's!" Invite a different volunteer to pick another door. The volunteer who finds the Big Idea wins 100 points for their team!*
- Congratulations! You found the Big Idea!

- But since they're up here, let's review all the Big Ideas we've learned together on the *Did You Know? Game Show!*
  - **Did you know we can love Jesus more than anything?**
  - **Did you know Jesus is king of everything?**
  - **Did you know Jesus is alive?**
- And today's Big Idea: **Did you know we can trust Jesus?**

## ACTIVITY | Move Through the Bible

- For this part of the *Did You Know? Game Show*, we are going to go through an obstacle course that reminds us of some of the things Jesus did while on Earth.
- **INSTRUCTIONS:** *Create an obstacle course using some or all of the ideas mentioned below. Depending on your group's size, each team has to try to go through the course together, or you can ask for a competitor from each team to complete the course. Use a stopwatch to log how long it took a team or team member to complete the course. Have leaders reset each station before the next group comes through. Award 500 points to the first-place team, 400 to second place, and so on.*
  - **Jesus Puzzle:** *Contestant must complete a puzzle (picture of Jesus printed on cardstock and cut into eight pieces).*
  - **Water to Wine:** *Contestant must keep removing a cup from the top of a stack (11 clear plastic cups stacked on top of 1 red cup) and placing it on the bottom until the red cup (that was at the bottom of the stack) is on top.*
  - **Lost Sheep Maze:** *Contestant must use a shepherd's staff (any stick) to direct a sheep (ball) around a maze set up using painter's tape on the floor.*
  - **The Para-bowl of the Talents:** *In a bowl of assorted coins, contestant must find 10 of the same coin.*
  - **I am the Vine Jump Rope:** *Contestant must do ten consecutive jumps on a jump rope before continuing.*

- **Donkey Ride into Jerusalem:** Contestant must ride a hobby horse (or one made out of a pool noodle) and gallop around the room.
- **Empty Tomb Crawl:** Contestant must crawl through a play tunnel or a tall box (open on both ends and laying on its side).
- At each step of the way of this obstacle course, we were reminded of all the amazing things Jesus did. But the greatest of these was that he gave his life for us.
- I don't know about you, but someone who's willing to give up his life to save the whole world? That's someone I can trust with my own life.
- **Did you know we can trust Jesus?** If you didn't before, I hope you do now!

## NOW WHAT?

### REFLECTION | I've Got Questions

- **Did you know we can trust Jesus**, but still have questions?
- The disciples knew Jesus super well. They were so happy to see him again. Even though they trusted Jesus, they still had a bit of trouble believing Jesus had come back to life.
- It's okay to have questions! The Bible holds the truth but I admit, there are parts that are difficult to understand.
- We don't have to understand everything, and that is the beautiful thing about trust. Sometimes, a grownup we love tells us to do something and we're not really sure why. But we follow their instruction because we trust that they care about us and would never put us in harm's way.
- So, let's take a moment and think of one question you might want to ask Jesus – anything at all! I will try to answer the questions I know the answer to, but even if you don't get an answer today, trust one thing: Jesus loves you and you can turn to him for anything!

- **INSTRUCTIONS:** Give each student some time to think of a question. Go around the room and have a few students ask their questions. Do your best to answer, and if you can't tell them we will look it up and let you know what we find out next time.

### MEMORY VERSE | Game Show Host

- **INSTRUCTIONS:** Have kids say the memory verse from II Peter 3:18a with you in their best game show host voice!
- You are all hosts of the *Did You Know? Game Show* now! Let's pretend we are opening up the game show by saying the memory verse using our best hosting voice!
- **"But grow in the grace and knowledge of our Lord and Savior Jesus Christ."**

### PRAYER

- Jesus, we know we can trust you because you have shown us you love us when you gave your life for us. Help us to trust you even we don't understand everything. Teach us also how to be people who others can trust and lean on. Amen.

## SMALL GROUP TIME

### DISCUSSION

- **What happened while the disciples were together in a locked room?**
- **How did the disciples react?**
- **What did Thomas say when the others told him about what they had seen?**
- **How do you choose who you can and who you can't trust?**
- **In what ways do you show someone you trust them?**

- **What are some things you can trust Jesus with today?**

**MEMORY VERSE | II Peter 3:18a (NIV)**

- **INSTRUCTIONS:** *Practice this month's memory verse together. Award a token to any kid that can say last week's verse from memory.*
- Let's practice this month's memory verse together!
- **"Rather, you must grow in the grace and knowledge of our Lord and Savior Jesus Christ."**