

Measure Up (Pre-K)

Week 5

BIG IDEA

God's words help us make wise choices.

BIBLE

Jesus Tempted in the Wilderness: Luke 4:1-13

WELCOME TIME

PLAY | Free Time

- **INSTRUCTIONS:** Tables will be set with toys and activities for kids to play until the lesson begins. This is a great opportunity to get to know kids and build relationships.
 - Get on the floor and be silly
 - Play along with what they're playing
 - Ask get-to-know-you questions
 - Learn names and use them as you interact

MUSIC | Worship Playlist

- **INSTRUCTIONS:** During free time, use one of our spotify playlists to play some background music.

CLEAN UP

- **INSTRUCTIONS:** Before moving onto the lesson content, play the "Clean Up" song and work together as a class to put all toys and activities away.
 - Place all toys in labelled tubs.
 - Place all tubs away in labelled cabinets

INTRO

ACTIVITY | Simon Says...

- Welcome to church, friends! I am so glad to be here with all of you.
- **All month long we've been learning about Jesus' life here on Earth. Did you know that he came to save us from our sins and show us how to follow God?**
- In today's story, you'll see that Jesus listens really well to God's words in order to know what to do!
- Let's play a game where we have to listen really well to know what to do.
- **INSTRUCTIONS:** Have kids stand facing a leader who will give instructions like: clap your hands, stand on one foot, hop around. However, the kids are to listen carefully and only complete the action if the leader has said, "Simon says..."

STORY TIME

SNACK

- **INSTRUCTIONS:** Pass out pre-packaged goldfish crackers to each child. Kids can eat quietly on their sit-spot while you tell the Bible story.
 - Be sure to check for any allergies before serving snack

SCRIPTURE | Luke 4:1–13 (Jesus Tempted in the Wilderness)

- You might remember our story from a couple weeks ago about Jesus being baptized. The story we'll hear today from our Bibles happens right after Jesus was baptized.
- **INSTRUCTIONS:** Re-tell the story from Luke 4:1–13 using the script below.
- Jesus went out in the desert where no people lived.
 - Jesus did not eat any food for forty days while he was there. This was so Jesus could really focus on spending time with God.
 - At the end of forty days, Jesus was very hungry!
 - **Can you rub your tummy like you're really hungry?**
 - Then, the devil was there to try to get Jesus to disobey God.
- The first thing the devil said was, "If you are God's son, tell this stone to become bread."
 - **Do you think Jesus turned this stone into bread?** No!
 - Jesus answered by repeating God's words, "Bread isn't the only thing people should live on."
 - Jesus was saying that eating food is good, but following God's words is even better. Even though Jesus was hungry, he wanted to obey God and not the devil.
 - So, Jesus did not do what the devil said to do.
- Next, the devil led Jesus to a very high place and showed Jesus all the kingdoms of the world.
- The devil said, "If you worship me, I will give you all these kingdoms to rule over."
 - **Do you think Jesus decided to worship the devil?** No!
 - Jesus answered by saying God's words again! "Worship God, and only God."
 - So, Jesus did not do what the devil said to do.
- Then, the devil led Jesus to stand at the very top of a temple in the city of Jerusalem.
- The devil said, "If you are God's son, jump! Isn't it written in God's Word that God will send the angels to protect you and you won't get hurt?"
 - **Do you think Jesus jumped off the temple?** No!
 - **How do you think Jesus answered?** Yes, Jesus answered using God's words, "Don't even try to test God."

- So, Jesus did not do what the devil said to do.
- The devil went away! Jesus stood up to the devil and beat him because he remembered God's words.
- We can learn God's words and remember them, too! God's words help us make wise choices
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BIG IDEA | God's words help us make wise choices.

- That reminds me of our Big Idea today! Here's what it says:
- **INSTRUCTIONS:** Point to and read today's Big Idea posted on the white board. **God words help us make wise choices.**
- Can you repeat it after me?
 - **God's words help us make wise choices.**

MUSIC | Dance and Sing

- I'm so glad that God shows us how to make wise choices! Let's stand up and celebrate to get her! Will you dance with me?
- **INSTRUCTIONS:** Invite kids to stand while you play the worship motion videos.
 - Make it fun to get kids excited about participating. Dance along, be silly, sing it loud!

MEMORY VERSE | Matthew 6:33 (NLT)

- You sound so wonderful when you worship! Thanks for dancing with me.
- All month we've been working on a new memory verse together! We are doing the same thing Jesus did. We are learning and remembering God's words and his words will help us make wise choices!
- Are you all ready to hear it?
- **"Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need."**
- **INSTRUCTIONS:** Read the memory verse to the kids, than practice memorizing it all together along with the motions.
 - **Seek** (looking out with hand shading eyes)
 - **the Kingdom of God**(point both fingers up)
 - **above all else** (move pointed fingers down like a rainbow)
 - **and live righteously** (two thumbs up)
 - **and he will give you everything you need**(hands stretched out to the sides, swoop inward self, ending in a hug)
 - **Matthew 6:33** (clap hands together, then open like a book)

PRAYER

- Now, we're going to head to our small groups to talk with our friends, but first, let's pray together.
- Can you show me you're ready to pray by folding your hands together and closing your eyes?**
 - God, your words are amazing! Thank you for giving us the Bible so we can learn more about you. Help us remember your words so that we can make wise choices. Amen.

SHARING TIME

ACTIVITY | Coloring Page

- INSTRUCTIONS:** Print and distribute the coloring page along with crayons. As the kids color, you can review today's Bible story, Big Idea, and memory verse.

DISCUSSION | Circle Time

- INSTRUCTIONS:** Review today's Bible story by discussing these questions:
- Why did Jesus go into the desert?**
- What did the devil try to get Jesus to do?**
- How did Jesus respond to the devil?**
- How have you been tempted to disobey God?**
- How can God's words help you make wise choices?**
- We become wise when we learn new things and remember them. **Tell me something new you've learned about God?**

PLAY TIME

EXTRA TIME ACTIVITY | The Floor Is Lava

- INSTRUCTIONS:** Play the Floor is Lava. Have kids walk around, then shout, "The floor is lava!" Kids have five seconds to get their feet off the floor. Designate safe places or items for kids to get onto, like small chairs, pillows, or even pieces of paper on the floor.
- It may have looked like Jesus was in a lava trouble when the devil was trying to get Jesus to disobey God. But Jesus always thought of God's words to help him out.
- Let's play a game to see how fast we can get away from trouble!