

Wow (Pre-K)

Week 1

BIG IDEA

Wow! Jesus has the power to heal.

BIBLE

The Faith of the Centurion: Luke 7:1-10

WELCOME TIME

MUSIC | Worship Playlist

- **INSTRUCTIONS:** *During free time, use one of our Spotify playlists for background worship music.*

PLAY | Free Time

- **INSTRUCTIONS:** *Tables will be set with toys and activities for kids to play until the lesson begins. This is a great opportunity to get to know kids and build relationships.*
 - *Get on the floor and be silly*
 - *Play along with what they're playing*
 - *Ask get-to-know-you questions*
 - *Learn names and use them as you interact*

CLEAN UP

- **INSTRUCTIONS:** *Before moving onto the lesson content, play the "Clean Up" song and work together as a class to put all toys and activities away.*
 - *Place all toys in labelled tubs.*
 - *Place all tubs away in labelled cabinets Invite kids to find a "sit spot"*

INTRO

ACTIVITY | When I'm Sick

- Welcome to church today, friends! Isn't it so good to be here together? I am glad to be here with all of you.
- This month we're learning about the amazing things that Jesus did. He is so powerful and awesome! More powerful than any other thing or any other person there ever was.
- Today we are going to hear about someone who was sick and how Jesus helped them.
- I wonder what makes you feel better when you're sick. Let's see.
- **INSTRUCTIONS:** *For each of the following statements, have the kids jump up if the answer is "yes." If the answer is no, stay seated.*
- Jump up out of your seat if I say something that is true about you. If not, stay in your seat.
 - I like wearing Band-Aids when I have a cut.
 - When I am not feeling well, I like to stay in bed all day.
 - I had to sleep over at the hospital before when I was sick.
 - If I have a scratchy throat, I like to eat soup.
 - If I have to take medicine, my favorite flavor is bubblegum.
 - Snuggling with my stuffed animal helps me feel better when I'm sick.
 - When I am sick it's okay because I know I will feel better soon.
- In today's Bible story, we are going to hear about something amazing that Jesus did to help a sick man. I can't wait!

WORSHIP | Music Videos

- Now we get to do one of my favorite things! We are going to worship God together by singing and dancing.
- **Will you dance and sing to God with me?**
- **INSTRUCTIONS:** *Play the worship music videos on the TV. Invite kids to participate by dancing and singing along.*
- Thank you for worshipping God with me! You all have such beautiful voices and God loves to hear them!
- Let's head to our tables for a little snack before we get into our Bible story.

SNACK

- **INSTRUCTIONS:** *Gather kids around the tables and serve snacks, telling the story while they eat - OR - have kids find a sit-spot on the floor and pass out snacks to eat during story time.*
 - **IMPORTANT NOTE:** *Don't forget to check name tags for food allergies.*

PRAYER

- Before we enjoy our snack, let's pray together.
- **Can you show me you're ready to pray by folding your hands together and closing your**

eyes?

- Wow, Jesus! Thank you for all the ways you take care of us. You have the power to heal. Help us put our faith in you. Amen.

STORY TIME

(OPTIONAL) VIDEO | Wow!, Episode 1

- **INSTRUCTIONS:** *If you'd like, you can play this week's [Bible story video](#).*

SCRIPTURE | Luke 7:1–10 (The Faith of the Centurion)

- **INSTRUCTIONS:** *Read this passage out loud in a preschool-friendly translation or a preschool storybook Bible. You can also retell the story using the talking points below. Use the provided images as visuals while you tell the Bible story. Invite kids to say "Wow!" with you throughout the story.*
- **Who's ready to hear today's Bible story?**
 - **If you are, shout, "Wow!"**
- **Who can tell me who Jesus is?** Jesus is the son of God who lived on Earth a long, long time ago. He did many things while he was here, and one of those things was healing people. That means he helped people who were sick feel better again.
 - **Wow!**
- One day, he learned that somebody who worked for a centurion got very sick.
 - **Does anyone know what a centurion is?**
 - It was an officer who worked for the Roman government.
- The centurion didn't know what to do, but he heard of someone who might be able to help.
 - **Can you think who that was?** It was Jesus!
 - **Wow!**
- The Roman officer asked Jesus for help. So Jesus started walking to his house, but the Roman officer sent a message telling Jesus not to come.
 - What? That makes no sense. **Does he want Jesus' help or not?**
- He did! But he believed Jesus was so powerful that he didn't even need to come to the house. Jesus could just say the word and the guy who worked for the centurion would be all better!
 - **Wow!**
- So that's what happened. Jesus saw that the Roman officer had great faith — he really believed in the power of Jesus. He believed that Jesus could heal, and then Jesus did!
 - **Wow!**
- That was an amazing true story of Jesus. Jesus is so powerful! **Wow!**

BIG IDEA | Wow! Jesus has the power to heal.

- In today's story, we saw that the person who worked for the Roman officer was healed with nothing but Jesus' words. But it was the officer's faith that made him ask Jesus to heal him in the first place. He believed that Jesus had the power to do anything!
- When we mix our faith in Jesus with the power of Jesus, amazing things can happen!
- That reminds me of our Big Idea today.
- **INSTRUCTIONS:** Show the Big Idea poster on the white board while you have kids repeat after you.
- Let's say our Big Idea together!
 - **Wow!** (Place hands on either side of your face.)
 - **Jesus** (Point up to the sky with both hands.)
 - **Has the power** (Flex biceps.)
 - **To heal** (Self hug.)

MEMORY VERSE | 1 Chronicles 29:12b (NIV)

- Ok, now everyone stand up on your feet. We have a brand new memory verse to learn together.
- We learn a verse together each month so that we can learn and know God's words! This verse reminds us that God is powerful and he can help us to be strong, too!
- Here's what it says:
 - "**In your hands are strength and power to exalt and give strength to all.**"
- **INSTRUCTIONS:** Read the memory verse to the kids. Review the verse using the motions below.
 - **In your hands** (Hold out both hands in front of you.)
 - **Are strength** (Flex right arm.)
 - **And power** (Flex left arm.)
 - **To exalt** (Lifting motion.) This word, "exalt," means to lift up. Can you pretend you are lifting something up as you say this word with me?
 - **And give strength.** (Flex both arms.)
 - **To all.** (Sweep your arms out in front of you from your waist, palms facing up.)
 - **1 Chronicles 29:12b** (clap hands together, then open hands like a book)
- Great job, everyone!

SHARING TIME

ACTIVITY | Coloring Page

- **INSTRUCTIONS:** Distribute the [coloring page](#) along with crayons or markers. As the kids color, you can review today's Bible story, Big Idea, and memory verse.

DISCUSSION | Circle Time

- **INSTRUCTIONS:** Check in with kids and pray with them for anything on their hearts. Then, discuss the Bible story with the following questions. Feel free to repeat questions so that everyone has a chance to respond.
- **Who needed help because one of his workers was sick?** The centurion (Roman officer).
- **Who did he ask for help?** Jesus.
- **Did the centurion let Jesus come to his house?** No. He said he believed Jesus could heal with only his words.
- **Who can we pray to when we are sick or if someone we know is sick?** Jesus!
- Remember, Jesus loves you! That's why we can pray to him when we are not feeling well. It makes me wanna say . . . **Wow! Jesus has the power to heal.**

MEMORY VERSE | 1 Chronicles 29:12b (NIV)

- **INSTRUCTIONS:** Review the memory verse, then award prizes to kids that can recite the verse.
- Let's practice our new memory verse together.
- Here's what it says:
 - **"In your hands are strength and power to exalt and give strength to all."**
- **INSTRUCTIONS:** Read the memory verse to the kids. Review the verse using the motions below.
 - **In your hands** (Hold out both hands in front of you.)
 - **Are strength** (Flex right arm.)
 - **And power** (Flex left arm.)
 - **To exalt** (Lifting motion.) This word, "exalt," means to lift up. Can you pretend you are lifting something up as you say this word with me?
 - **And give strength.** (Flex both arms.)
 - **To all.** (Sweep your arms out in front of you from your waist, palms facing up.)
 - **1 Chronicles 29:12b** (clap hands together, then open hands like a book)
- Great job! You can keep practicing at home this week, too. Maybe you could teach the verse to your family!

PLAY TIME

EXTRA TIME ACTIVITY | Get Up Fast

- In our Bible story today, Jesus healed a sick man with just his words and he was able to get up out of his bed!
- **INSTRUCTIONS:** Have one or two children lie in the center of a circle. The other children walk around the "sick its", until one of the walking children tags one. The "sick" person must then jump up and try to tag someone else. Once tagged, that child must lie down and replace the person who tagged him or her.