

Be Like Jesus (Pre-K)

Week 1

BIG IDEA

God Helps Us Be Like Jesus

BIBLE

Fruit of the Spirit (Galatians 5)

WELCOME

MUSIC | Worship Playlist

- **INSTRUCTIONS:** *During free time, use the Be Like Jesus Spotify playlists for background worship music.*

PLAY | Free Time

- **INSTRUCTIONS:** *Tables will be set with toys and activities for kids to play until the lesson begins. This is a great opportunity to get to know kids and build relationships.*
 - *Get on the floor and be silly*
 - *Play along with what they're playing*
 - *Ask get-to-know-you questions*
 - *Learn names and use them as you interact*

CLEAN UP

- **INSTRUCTIONS:** *Before moving onto the lesson content, play the "Clean Up" song and work together as a class to put all toys and activities away.*
 - *Place all toys in labelled tubs.*
 - *Place all tubs away in labelled cabinets Invite kids to find a "sit spot"*

INTRO

TALK

- **INSTRUCTIONS:** *Gather kids on the floor and welcome them to church. Lead them through a repeat-after-me declaration to start the class.*
- **Welcome to church today, friends! I am so glad to be here with all of you.**
- **Let's say these words together.**
 - **Thank You, God, that You made me!** *(Kids repeat words and motions.)*
 - Make prayer hands, then point up to God and to yourself.
 - **And I am Your kid!** *(Kids repeat words and motions.)*
 - Put your hands on your hips.
 - **Jesus loves me so much,** *(Kids repeat words and motions.)*
 - Spread your arms out wide to your side one at a time, then pull them in for a hug around your chest.
 - **His love for me is big.** *(Kids repeat words and motions.)*
 - Hold your arms up high and wide above your head.
 - **The Holy Spirit leads me** *(Kids repeat words and motions.)*
 - Bring your arms down from the sky, making a path in front of you.
 - **And I can follow You.** *(Kids repeat words and motions.)*
 - March like you're following the leader.
 - **My life can tell Your story,** *(Kids repeat words and motions.)*
 - Hold your hands in front of you like an open book.
 - **I'm a wonder, this is true.** *(Kids repeat words and motions.)*
 - Put your hands up, shaking your fingers, celebrating ("praise hands").
- **Today we're talking about fruit, but it's a little different from the fruit you eat!**
- **Do you like fruit?** (Allow the kids to respond)
- **Think of your favorite fruit and we'll play a game!**

ACTIVITY | My Favorite Fruit

- **INSTRUCTIONS:** *Have all kids stand. A leader will say, "If you like [fruit], do [action]" For example: "If you like grapes, jump up and down!" Continue listing fruits and activities, encouraging kids to participate. If time permits, choose a kid to be the leader.*
- **You all have some excellent "taste" in fruit! Some people enjoy eating fruit because it is sweet and tastes good.**
- **We're going to learn about a different kind of fruit - fruit we don't eat, but it's still sweet. Today we'll learn about the fruit of the Spirit that's in the Bible.**
- **This kind of fruit is all the good things that we show others after we choose to follow God.**

MUSIC | Worship Videos

- **Now we get to do one of my favorite things! We are going to sing and thank God for how He works in us!**
- **Will you dance and sing to God with me?**
- **INSTRUCTIONS:** *Play the worship music videos on the TV. Invite kids to participate by dancing and singing along.*
- **Thank you for worshipping God with me!**
- **Now, let's pray together before we hear our Bible Story.**

PRAYER

- **INSTRUCTIONS:** *Before entering into God's big story, lead kids in a prayer of invitation. Use the prayer here or your own words*
 - **God, thank you for being with us and giving us your Holy Spirit to lead us and teach us. Help us focus on You and learn more about You. We thank You for loving us. In Jesus' name, Amen.**

STORY TIME

SCRIPTURE | Galatians 5 (Fruit of the Spirit)

- **INSTRUCTIONS:** *Show the kids the God's Big Story Video, read the story from the Bible, or use the Script provided.*
- **In God's big story, a man named Paul wrote a letter** (*pretend to write a letter on your hand*) **to churches in a place called Galatia. Paul wanted people in the church in Galatia to know more about Jesus and to be like Him.**
- **Paul told the people that bad choices hurt our relationship with God and with each other.** *Invite kids to make a sad face.*
- **When we do those wrong things, it is the opposite of the good life God offers us.**
- **But Paul said if we trust God, His Spirit will help us do the right things. When we do the right things, we become more and more like Jesus.** *Invite kids to make a happy face.*
- **We can't make these changes on our own.** *Invite kids to shake their head no.*
- **We need the help of God's Holy Spirit. He can guide us to choose right instead of wrong. When you do, you end up having the fruit of the Spirit in your life!**
- **Those fruits aren't like apples and oranges though! The fruit of the Spirit is the right choices we make when God helps us.**
- **Here's the fruit that can grow in your life with the Holy Spirit's help. I'm going to give you a list and each time I say a word, you can repeat it after me. Ready?** *Allow responses. Then begin. After you say each word, pause for kids to repeat it. Go through the list at least two times.*
 - **Love**
 - **Joy**
 - **Peace**
 - **Patience**
 - **Kindness**
 - **Goodness**
 - **Faithfulness**
 - **Gentleness**
 - **Self-control**
- **Great job! Jesus showed these things to people when He lived on earth. He loved others. He was patient and gentle. Jesus was also joyful and kind. If you ask the Holy Spirit to help you be like Jesus, too, He will help you!**
- **Say it after me: God Helps Us Be Like Jesus!**

MEMORY VERSE | Galatians 5:22-23a (ISB)

- **Ok, now everyone stand up on your feet. We have a brand new memory verse to learn together.**
- **Our memory verse helps us remember the good fruit!**
- **Here's what our new verse tells says:**
 - **"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control." Galatians 5:22-23a**
- **INSTRUCTIONS:** *Read the verse to the kids, then encourage them to stand and repeat after you with the following motions:*
 - **The the fruit of the Spirit is** *(Draw a large S in the air)*
 - **love,** *(Pat your hands on your heart)*
 - **joy,** *(Put your arms up as if celebrating)*
 - **peace,** *(Hold up two fingers in "peace sign")*
 - **patience,** *(Point to a pretend watch on your wrist)*
 - **kindness,** *(Pretend to give someone a hug)*
 - **goodness,** *(Make two thumbs up)*
 - **faithfulness,** *(Make two fists and start with the one fist on top of the other, then switch to stack the bottom fist on top, then switch again, as if stacking bricks)*
 - **gentleness,** *(pretend to gently rock a baby)*
 - **and self-control** *(Point to self with both thumbs)*
 - **Galatians 5:22-23a** *(clap hands together, then open like a book)*
- **Great work, friends! We'll keep practicing together each week.**
- **Now we get to talk with our friends about what we learned in God's big story. Let's head to our tables.**

SHARING TIME

SNACK

- **INSTRUCTIONS:** *Gather kids around the tables and serve snacks, while you move on to circle time. As the kids eat, you can review today's Bible story, Big Idea, and memory verse.*
 - **IMPORTANT NOTE:** *Don't forget to check name tags for food allergies.*

ACTIVITY | Coloring Page

- **INSTRUCTIONS:** *As kids finish their snack, distribute the [coloring page](#) along with crayons and continue discussion and prayer time.*

DISCUSSION | Circle Time

- **INSTRUCTIONS:** *Discuss the Bible story with the following questions. Feel free to repeat questions so that everyone has a chance to respond.*
 - **Who helps us follow Jesus and make right choices?**
 - **What is the fruit of the Spirit?**
 - **How do we get the fruit of the Spirit in our life?**
- **God gives us the Holy Spirit to help us do the right things and to be like Jesus! Let's pray and thank God for giving us His Holy Spirit and for changing us to be more like Jesus.**

PRAYER

- **INSTRUCTIONS:** *Invite kids to share prayer requests and praises and lead them in a prayer time.*
- **Let's talk to God!**
 - **God, thank you for giving us your Holy Spirit to help us become more like Jesus and thank you for the fruit of the Spirit that happens when we follow you. Help us become more and more like you every day. In Jesus' name, Amen.**

MEMORY VERSE | Galatians 5:22-23a (ISB)

- **INSTRUCTIONS:** *Invite kids to practice the memory verse together, following along with the motions. Award prizes to kids that say the verse.*
 - **The the fruit of the Spirit is** *(Draw a large S in the air)*
 - **love,** *(Pat your hands on your heart)*
 - **joy,** *(Put your arms up as if celebrating)*
 - **peace,** *(Hold up two fingers in "peace sign")*
 - **patience,** *(Point to a pretend watch on your wrist)*
 - **kindness,** *(Pretend to give someone a hug)*
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 - **gentleness,** *(pretend to gently rock a baby)*
 - **and self-control** *(Point to self with both thumbs)*
 - **Galatians 5:22-23a** *(clap hands together, then open like a book)*
- **Great job! You can keep practicing at home this week, too. Maybe you could teach the verse to your family!**

- **When Jesus lived on earth, He showed us so many wonderful things about Himself. He is loving, kind, patient, and gentle. Now we can be like Him too.**
- **In this game, you get to do the actions I do. Watch and listen to me and do the actions just as I do!**
 - **Can you show love just like me?** Hug yourself. Invite kids to do the same.
 - **Can you show kindness just like me?** Put hands out with palms up like handing someone a gift. Invite kids to do the same.
 - **Can you show gentleness just like me?** Slowly pat yourself on the head. Invite kids to do the same.
 - **Can you show joy just like me?** Jump up and down. Invite kids to do the same.
 - **Can you show peace just like me?** Freeze in place. Invite kids to do the same.
 - **Can you show faith just like me?** Take a step forward. Invite kids to do the same.
- **What a great job you all did!**