

Be Like Jesus (Pre-K)

Week 4

BIG IDEA

God Is Faithful and Good

BIBLE

Faith (Hebrews 11)

WELCOME

MUSIC | Worship Playlist

- **INSTRUCTIONS:** *During free time, use the Be Like Jesus Spotify playlists for background worship music.*

PLAY | Free Time

- **INSTRUCTIONS:** *Tables will be set with toys and activities for kids to play until the lesson begins. This is a great opportunity to get to know kids and build relationships.*
 - *Get on the floor and be silly*
 - *Play along with what they're playing*
 - *Ask get-to-know-you questions*
 - *Learn names and use them as you interact*

CLEAN UP

- **INSTRUCTIONS:** *Before moving onto the lesson content, play the "Clean Up" song and work together as a class to put all toys and activities away.*
 - *Place all toys in labelled tubs.*
 - *Place all tubs away in labelled cabinets Invite kids to find a "sit spot"*

INTRO

TALK

- **INSTRUCTIONS:** *Gather kids on the floor and welcome them to church. Lead them through a repeat-after-me declaration to start the class.*
- **Welcome to church today, friends! I am so glad to be here with all of you.**
- **Let's say these words together.**
 - **Thank You, God, that You made me!** (*Kids repeat words and motions.*)
 - Make prayer hands, then point up to God and to yourself.
 - **And I am Your kid!** (*Kids repeat words and motions.*)
 - Put your hands on your hips.
 - **Jesus loves me so much,** (*Kids repeat words and motions.*)
 - Spread your arms out wide to your side one at a time, then pull them in for a hug around your chest.
 - **His love for me is big.** (*Kids repeat words and motions.*)
 - Hold your arms up high and wide above your head.
 - **The Holy Spirit leads me** (*Kids repeat words and motions.*)
 - Bring your arms down from the sky, making a path in front of you.
 - **And I can follow You.** (*Kids repeat words and motions.*)
 - March like you're following the leader.
 - **My life can tell Your story,** (*Kids repeat words and motions.*)
 - Hold your hands in front of you like an open book.
 - **I'm a wonder, this is true.** (*Kids repeat words and motions.*)
 - Put your hands up, shaking your fingers, celebrating ("praise hands").
- **Today we're learning about three different times when God kept His promises in the Bible.**

ACTIVITY | Waiting in Faith

- **Sometimes waiting is difficult, but God's faithful followers know that God always keeps his promises.**
- **I'm going to give you some active challenges. You might get tired, but keep doing the challenges until I say, "Stop!" After each challenge, we'll repeat this together: God is faithful and good.**
- **INSTRUCTIONS:** *Encourage kids to spread out around the room. Be sure they keep space between them.*
- *Active challenges can include the following (or feel free to make up your own). Allow kids to do each for about ten seconds, or until they get a little tired, then say "Stop!"*
 - *Jump in place over and over.*
 - *Run in place as fast as you can.*
 - *Do superhero leg kicks.*
 - *Do arm circles.*
 - *Stand on one foot.*
 - *Do jumping jacks. March in place.*
 - *Give high fives to as many people as you can.*
- **We're going to learn today about a few people who waited a long time for God's promises to happen. They knew that God is faithful and good, so they believed God and waited patiently.**

MUSIC | Worship Videos

- **Today, we'll learn about how faithful and good God is, and how He always keeps His promises. Let's sing about our good God together!**
- **Will you dance and sing to God with me?**
- **INSTRUCTIONS:** *Play the worship music videos on the TV. Invite kids to participate by dancing and singing along.*
- **Thank you for worshipping God with me!**
- **Now, let's pray together before we hear our Bible Story.**

PRAYER

- **INSTRUCTIONS:** *Before entering into God's big story, lead kids in a prayer of invitation. Use the prayer here or your own words*
 - **God, thank You for always keeping Your promises. We know we can trust You because You are faithful and good. Thank You for being with us today. May Your Holy Spirit speak to us as we listen. In Jesus' name, Amen.**

STORY TIME

SCRIPTURE | Hebrews 11 (Faith)

- **INSTRUCTIONS:** *Show the kids the God's Big Story Video, read [Hebrews 11:1-3, 7-12, 24-29](#) from the Bible, or use the Script provided.*
- **Today's part of God's big story is from the book of Hebrews and we're going to learn about four people from the Bible who trusted God.**
- **Everyone stand up! In today's story, you're playing the part of a faithful follower of God! Faithful followers believe God and His promises. They trust God even when they have to wait a long time for His promises to happen! Invite kids to stand up.**
- **When I say, "Faithful followers, go!" you can jump to your feet and get into your best action pose. Show kids examples of an action pose, such as standing with one arm and fist pointing powerfully to the sky or with your feet apart and hands on your hips.**
- **Now you try it! Faithful followers, go! Allow kids to pose. Great! Let's get started!**
- **Our first faithful follower is Noah. Faithful followers, go! Kids jump up to an action pose. Noah listened to God when no one else would and built an ark before one drop of rain fell from the sky. The people and animals on his ark, which is a type of boat, survived a huge flood. What faith!**
- **Our next faithful follower is Moses. Faithful followers, go! Kids jump up to an action pose. In faith, Moses led God's people out of Egypt and through the Red Sea. So scary! But Moses knew God would keep His promise and KABOOM! GOD DID! God parted the sea for Moses and God's people so they could escape and then closed it before they could be caught. What faith!**
- **Our next faithful followers are Abraham and Sarah. Faithful followers, go! Kids jump up to an action pose. God promised Abraham that He would make him the father of a great nation. Abraham and Sarah waited and waited and waited for God to do what He had promised. Then when they were very old, God gave them a baby and they had so many**

grandkids and great-grandkids after, counting them would be tough! God did what He had promised! BAM! What faith!

- **Hebrews 11 is filled with people who believed that God was faithful and good. Even when they couldn't see what God was doing, they still had faith in God. God's ultimate promise was fulfilled through Jesus, for them, and for you and me today! God is greater than any superhero!**
- **Faithful followers, go! Kids jump up to a superhero pose. In your best superhero voice, let's shout out today's Big Idea—GOD IS FAITHFUL AND GOOD! Allow kids to repeat after you.**

MEMORY VERSE | Galatians 5:22-23a (ISB)

- **God is faithful and good! And He is greater and stronger than any superhero!**
- **Let's practice our memory verse together, superhero style.**
- **Each time we say one of the fruits of the Spirit, let's do a superhero kick in the air.**
- **Here's what our new verse tells says:**
 - **"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control." Galatians 5:22-23a**
- **INSTRUCTIONS:** *Read the verse to the kids. Repeat the verse several times doing kicks.*
 - **The the fruit of the Spirit is** *(Draw a large S in the air)*
 - **love,** *(Pat your hands on your heart)*
 - **joy,** *(Put your arms up as if celebrating)*
 - **peace,** *(Hold up two fingers in "peace sign")*
 - **patience,** *(Point to a pretend watch on your wrist)*
 - **kindness,** *(Pretend to give someone a hug)*
 - **goodness,** *(Make two thumbs up)*
 - **faithfulness,** *(Make two fists and start with the one fist on top of the other, then switch to stack the bottom fist on top, then switch again, as if stacking bricks)*
 - **gentleness,** *(pretend to gently rock a baby)*
 - **and self-control** *(Point to self with both thumbs)*
 - **Galatians 5:22-23a** *(clap hands together, then open like a book)*
- **Great work, friends! We'll keep practicing together each week.**
- **Now we get to talk with our friends about what we learned in God's big story. Let's head to our tables.**

SHARING TIME

SNACK

- **INSTRUCTIONS:** *Gather kids around the tables and serve snacks, while you move on to circle time. As the kids eat, you can review today's Bible story, Big Idea, and memory verse.*
 - **IMPORTANT NOTE:** *Don't forget to check name tags for food allergies.*

ACTIVITY | Coloring Page

- **INSTRUCTIONS:** *As kids finish their snack, distribute the [coloring page](#) along with crayons and continue discussion and prayer time.*

DISCUSSION | Circle Time

- **INSTRUCTIONS:** *Discuss the Bible story with the following questions. Feel free to repeat questions so that everyone has a chance to respond.*
 - **The faithful followers in God's big story waited a long time for God's promises to happen. They knew that God is faithful and good, so they believed God and waited patiently.**
 - **Who were the faithful followers in today's story?** (Noah, Moses, Abraham, Sarah)
 - **What did each faithful follower believe God would do?** (Keep His promises: Noah—save his family from the flood; Moses—set the Israelites free from slavery in Egypt; Abraham and Sarah— give them a baby and as many children as the stars in the sky)
 - **Have you ever made a promise to someone? Tell about it.**
 - **Did God keep His promises to the people in our story today? Name one promise God kept.**
 - **What does this story teach us about God?**
 - **How has God been faithful and good to you or your family?**
- **God always keeps His promises. We can follow Him faithfully because we know He will always do what He says. God is faithful and good. Let's talk to God in prayer.**

PRAYER

- **INSTRUCTIONS:** *Invite kids to share prayer requests and praises and lead them in a prayer time.*
- **I'm going to pray and you can follow along like this:**
- **Nod your head up and down when I say, "promises." Give a thumbs up with one hand when I say, "faithful." Give a thumbs up with your other hand when I say, "good." Let's pray and talk to God.**
 - **God, thank You for always keeping Your promises** (shake head up and down). **Thank You for being faithful** (one hand gives a thumbs up) **and good** (the other hand gives a thumbs up). **We love You. In Jesus' name, Amen.**

MEMORY VERSE | Galatians 5:22-23a (ISB)

- **INSTRUCTIONS:** *Invite kids to practice the memory verse together, following along with the motions. Award prizes to kids that say the verse.*
 - **The the fruit of the Spirit is** (Draw a large S in the air)
 - **love,** (Pat your hands on your heart)

- **joy**, (*Put your arms up as if celebrating*)
- **peace**, (*Hold up two fingers in "peace sign"*)
- **patience**, (*Point to a pretend watch on your wrist*)
- **kindness**, (*Pretend to give someone a hug*)
- **goodness**, (*Make two thumbs up*)
- **faithfulness**, (*Make two fists and start with the one fist on top of the other, then switch to stack the bottom fist on top, then switch again, as if stacking bricks*)
- **gentleness**, (*pretend to gently rock a baby*)
- **and self-control** (*Point to self with both thumbs*)
- **Galatians 5:22-23a** (*clap hands together, then open like a book*)
- **Great job! You can keep practicing at home this week, too. Maybe you could teach the verse to your family!**

PLAY TIME

EXTRA TIME ACTIVITY | Superhero Poses

- **INSTRUCTIONS:** *Gather kids on sit-spots and cue a music playlist.*
- **Let's play a game to remember how good God is. He is greater than any superhero!**
- **When you hear the music, you'll walk or fly around the room like a superhero.**
- **When the music stops, move as quickly as you can to a dot on the floor and stand over it in your best superhero pose.**
- **I'll call on one superhero to finish the sentence, "God is _____." You can finish the sentence however you want. Think about a word or phrase that describes God, and shout it!**
- **Then, we'll play again! Are you ready?**